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## When Your Child Struggles With Reading:

### Hope for a Mama's Heart

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I shared pretty candidly on the blog about two of my kids' struggles with reading, and what steps our family has taken to help them move past those struggles. In this space, I want to encourage you to focus for a few minutes on strengthening your heart. Because, sweet mama, your heart is the source from which your little ones will need to draw much strength. Let's feed that heart with faith and hope!

If you haven't already read the blog post that correlates with this worksheet, you can find it here. →

<https://kristyscottage.com/when-your-child-struggles-to-read/>

**On the blog, I shared a few of my personal struggles as a mom with dyslexic kids. These included feelings like impatience, frustration, inadequacy, overwhelm and the temptation to compare myself and my kids with others.** What are some of the feelings you're dealing with right now?

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Who is your biggest supporter on this journey? (Have you reached out to anyone yet for support or encouragement?) \_\_\_\_\_

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**Fear was one of my biggest struggles;** I feared not being a good enough teacher, not knowing what to do, not having enough time or patience to help my kids. What do you fear most right now? \_\_\_\_\_

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According to Deuteronomy 31:8, are we to live in fear and discouragement? Why or why not? \_\_\_\_\_

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**Let's talk about discouragement for just a moment.** What's been the biggest discouragement to you lately? (Be honest!) \_\_\_\_\_

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If you really believe that God will never leave nor forsake you, does that mean He can see what you're dealing with right now? Do you have faith to believe that He can show you the next step you should take? \_\_\_\_\_

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### **Making it Personal**

**Have you prayed about the next step?** Think about your options. If you don't know of any yet, talk to someone who can help you, do some research online, or read a few articles about dyslexia/reading issues. Write down some options that you have for helping your child and yourself work through this struggle: \_\_\_\_\_

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As my husband and I were considering the idea of a tutor or reading therapy for our kids, **a really big obstacle was finances.** Yet God provided what we needed through a bonus in our home business at the time. Do you believe God will provide for your family too?

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\_\_\_\_\_.

What are some needs that God has provided for in the past? \_\_\_\_\_

\_\_\_\_\_.

*Dear Heavenly Father,*

*Thank you that you will never leave me nor forsake me. Help me to remember that, and to not live in fear or discouragement. I have felt really fearful and discouraged lately, especially about: \_\_\_\_\_.*

*I come to you with my burden, and ask that you would carry it for me. Please show me the next step to take. I am reminding myself that you are on this journey with me, and that I'm never alone. I am choosing to trust your wisdom and provision for my child's needs. I know you love my children even more than I do.*

*Thank you for your unfailing love and grace.*

*In Jesus' name,*

*Amen.*

**Here are some helpful websites and resources for you to check out:**

**Homeschooling With Dyslexia:** <https://homeschoolingwithdyslexia.com/>

**"What You Need to Know" podcast:**

<https://hslida.org/content/docs/hshb/132/hshbwk6.asp>

***Dyslexia 101***, by Marianne Sunderland

He will  
never leave  
you nor  
forsake you.

Do not  
be afraid;  
do not  
be discouraged.

Deuteronomy 31:8